



EARN A CERTIFICATE FULLY ONLINE OR IN PERSON

Sports Conditioning Certificate - C536B

An entry-level education in the field of sports conditioning or a beginning foundation to become a strength and conditioning coach. Students can earn this certificate, then transition into C336A Personal Training Certificate. Current physical education teachers or personal trainers can earn professional development college credits as well as upgrade their skills and knowledge to advance in training athletes with sports conditioning exercises and protocols.

(Nine credit hours) Required courses: PED 168, PED 196.

Three elective hours. Elective options: HTH 120, HTH 220, PED 106, PED 130, PED 153, PED 197 and activity courses numbered PED 130 and below.



Scan QR code for course descriptions.

Sport Management Certificate - C436A

An entry-level education in the field of sports management, including coaching, management, training and officiating. Students can earn this certificate, then transition into C336A Personal Training Certificate. Current physical education teachers or personal trainers can earn professional development college credits as well as upgrade their skills and knowledge to advance planning, organizing, staffing and managing within sport.

Students select nine total hours from the following to complete certificate.

HTH 220, PED 106, PED 168, PED 194, PED 195, PED 196, PED 197, PED 198, PED 201, PED 206 and activity courses numbered PED 130 and below.



Scan QR code for course descriptions.

Integrative Wellness Certificate - C437A

An entry-level education in the field of health and wellness. Students will develop knowledge and skills in a comprehensive and holistic approach to prepare them to pursue a career in a fitness, wellness, health, food, nutrition or related field. Students can earn this certificate, then transition into C336A Personal Training Certificate and U230A36 Health, Sport, and Exercise Science Associate Degree. Current health teachers and professionals can earn professional development college credits as well as upgrade their skills and education to advance their knowledge in integrative health and wellness.

(Nine credit hours) Required courses: HTH 104, HTH 120.

Three elective hours. Elective options: HTH 175, HTH 202, PED 101, PED 106, PED 121, PED 153, PED 168, PED 206, activity courses numbered PED 130 and below, and PSY 207.



Scan QR code for course descriptions.

Students can earn any of these three certificates and then transition into either the Personal Training Certificate (C336A) or the Health, Sport, and Exercise Science Associate Degree (U230A36).

For more information, email juliannemurphy@triton.edu.



Triton College
triton.edu